



# Distracted Driving

Incident Free

Days:

228

## Please Remember

It is flu season and there are some important prevention tips to remember.

\*Get a flu vaccine. This is the first and most important step in protecting against flu viruses.

\*Cover your nose and mouth with a tissue when you cough or sneeze, and throw the tissue in the trash after you use it.

\*Wash your hands often with soap and water. When you can't wash your hands, use a hand sanitizer.

\*Avoid touching your eyes, nose and mouth.

\*Try to avoid close contact with sick people.

\*If you are sick with a flu-like illness, stay home for at least 24 hours after your fever is gone (except to get medical care)

\*While sick, limit contact with others as much as possible to keep from infecting them.

\* Take anti-viral drugs if your doctor prescribes them.

Distraction occurs any time you take your eyes off the road, your hands off the wheel, and your mind off your primary task: driving safely. Any non-driving activity you engage in is a potential distraction and increases your risk of crashing. At any given moment during daylight hours, over 800,000 vehicles are being driven by someone using a hand-held cell phone. Texting is the most alarming distraction because it involves manual, visual, and cognitive distraction simultaneously. Sending or reading a text takes your eyes off the road for 4.6 seconds. At 55 mph, that's like driving the length of an entire football field, blindfolded. It's extraordinarily dangerous. Talking on a cell phone while driving makes you four times as likely to crash, and texting while driving increases your chances of a crash by up to 8 to 23 times.

*Safety is a full time job; dont make it a part time practice*



# Employee of the Month!

- Erica Aceves
- Sade Adams
- Julio Aguirre
- Maria Alvidrez
- Aaron Blackburn
- Denise Blair
- Toni Boykin
- Richard Custer
- Brent Dearman
- Omar Diaz
- Eddie Ellis
- Marcus Epps
- William Escamilla
- Gary Estes
- Cesar Gallegos
- Madison Ginther
- Jacob Heckathorn
- Stephanie Hendershot
- Jose Heredia
- Eddie Jackson
- Jamie Leaf
- Coby McClintock
- Michael Mickey
- Melanie Moreno
- Brian Oliver
- Ricardo Orozco
- Anabel Robertson
- Glenn Rodgers
- Evan Ross
- Jeffrey Roper
- Greg Schultz
- Bryon Tello
- Ricardo Torres
- Marvin Villegas
- Robert Vizcarra

## Trans-West Security Employee of the Month is:

Irene Moreno

Trans-West would like to recognize Irene for all her hard work and dedication to safety. She has been known to go out of his way to help in special circumstances. We have received positive feedback not only from her Supervisor but from our clients as well! Please join us in thanking Irene for a job well done and always being a team player!

# Great Job

## Trans-West Services Employee of the Month is:

The San Ardo Team

This team consists of three employees, Brian Helberg, Randy Hiebert and Jacob Smith. We have received outstanding feedback from our clients. They are committed to safety, have great attitudes and deliver outstanding customer service on a daily basis. Please join us in Congratulating and thanking them for all their hard work!

# Happy Anniversary

### 1 Year

- Catherine Keila
- Jose Del Real
- Eddie Ellis
- Joseph Williams
- Gil Davis

### 4 Years

Moris Sorto

### 5 Years

Reginald Rufus

### 6 Years

- Crystal Keila
- Daisy Elena
- Alexandria Harris
- Matthew Dickinson
- Sonnet Singer

- Javier Campos
- Jose Maldonado
- Francisco Cota
- Raul Garcia
- Dora Maldonado

### 8 Years

- Brent Dearman
- Maria Romero

### 2 Years

- Roselvi Cruz
- Berenice Nieto

### 10 Years

- Justin McGlothlin

### 11 Years

- Connie McMicken

# WELCOME

Efrain Aguilar

Steven Martin Brena

Monique Elias

Lindsey Foster

Joshua Hale

Laura Navarro

Juliana Nevarez

Christopher Adam Pena